




# CANTEEN MENU

## January 2026

Monday, 05 January	Tuesday, 06 January	Wednesday, 07 January	Thursday, 08 January	Friday, 09 January
HOLIDAY	HOLIDAY	Soup or raw vegetables  Pasta with Neapolitan sauce Broccoli Cheese  Dairy	Soup or raw vegetables Turkey cube Bell pepper - paprika Green beans Rice <u>VEGETARIAN</u> Vegetable patty Green beans Rice Seasonal fruit	Soup or raw vegetables MSC pollock Gribiche sauce Seasonal salad Plain potatoes <u>VEGETARIAN</u> Stuffed bell pepper Seasonal salad Plain potatoes Seasonal fruit
Monday, 12 January	Tuesday, 13 January	Wednesday, 14 January	Thursday, 15 January	Friday, 16 novembre
Soup or raw vegetables  Spaghetti bolognese (vegetables - pea fibre) Cheese  Dairy	Soup or raw vegetables Chicken with olives Braised carrots Wheat kernels <u>VEGETARIAN</u> Aubergine - chickpea & olive stew Braised carrots Wheat kernels Seasonal fruit	Soup or raw vegetables Iberian pork  Mixed beans Yellow rice <u>VEGETARIAN</u> Omelette Mixed beans Yellow rice Seasonal fruit	Soup or raw vegetables Poultry chipolata sausage Cauliflower gratin Sautéed potatoes <u>VEGETARIAN</u> Vegetarian sausage Cauliflower gratin Sautéed potatoes Seasonal fruit	Soup or raw vegetables MSC Hake Normandy sauce Courgette Mashed potatoes <u>VEGETARIAN</u> Vegetable curry Courgette Mashed potatoes Seasonal fruit

NB : menu subject to change

Menu adapted according to the age of the children



: vegetarian menu



: contains pork

# CANTEEN MENU

## January 2026

Monday, 19 January	Tuesday, 20 January	Wednesday, 21 January	Thursday, 22 January	Friday, 23 January
Soup or raw vegetables  Sweet and sour chicken Green peas Jasmine rice  <u>VEGETARIAN</u> Cheesy croquette Green peas Jasmin rice  Seasonal fruit	Soup or raw vegetables    Plain omelette Gnocchi Provençal-style sauce  Dairy	Soup or raw vegetables  Roast turkey Baby carrots Polenta  <u>VEGETARIAN</u> Roasted celeriac Baby carrots Polenta  Seasonal fruit	Soup or raw vegetables  Beef burger Barbecue sauce Western-style salad Baby potatoes  <u>VEGETARIAN</u> Roasted sweet potato Barbecue sauce Western salad Baby potatoes Seasonal fruit	Soup or raw vegetables  MSC Pollock Marinara pasta Mixed cabbage trio  <u>VEGETARIAN</u> Marinara pasta Chickpeas Mixed cabbage trio  Seasonal fruit
Monday, 26 January	Tuesday, 27 January	Wednesday, 28 January	Thursday, 29 January	Friday, 30 January
Soup or raw vegetables  Turkey kebab Garlic sauce Raw vegetable salad Bread  <u>VEGETARIAN</u> Vegan gyros Garlic sauce Mixed raw vegetable salad Bread Seasonal fruit	Cypriot salad with halloumi   Makaronia Tou fournou (pork and veal)   <u>VEGETARIAN</u> Pasta gratin with vegetables and fiber  Caramel rice pudding	Soup or raw vegetables  Chicken drumstick Thyme-seasoned courgettes Organic bulgur  <u>VEGETARIAN</u> Zucchini stuffed with thyme Organic bulgur  Seasonal fruit	Soup or raw vegetables    Vegetable and egg Nasi goreng (Indonesian-style fried rice)  Dairy	Soup or raw vegetables  MSC Salmon Choron sauce Grilled vegetables Baby potatoes  <u>VEGETARIAN</u> Cauliflower and cheese patty Choron sauce Grilled vegetables Baby potatoes Seasonal fruit

NB : menu subject to change

Menu adapted according to the age of the children



: vegetarian menu



: contains pork