

CANTEEN MENU

January 2026

| Monday, 05 January | Tuesday, 06 January | Wednesday, 07 January | Thursday, 08 January | Friday, 09 January |
|--|---|--|--|---|
| HOLIDAY | HOLIDAY | Soup or raw vegetables  Pasta with Neapolitan sauce Broccoli Cheese Dairy | Soup or raw vegetables Turkey cube Bell pepper - paprika Green beans Rice <u>VEGETARIAN</u> Vegetable patty Green beans Rice Seasonal fruit | Soup or raw vegetables MSC pollock Gribiche sauce Seasonal salad Plain potatoes <u>VEGETARIAN</u> Stuffed bell pepper Seasonal salad Plain potatoes Seasonal fruit |
| Soup or raw vegetables  Spaghetti bolognese (vegetables - pea fibre) Cheese Dairy | Soup or raw vegetables Chicken with olives Braised carrots Wheat kernels <u>VEGETARIAN</u> Aubergine - chickpea & olive stew Braised carrots Wheat kernels Seasonal fruit | Soup or raw vegetables  Iberian pork Mixed beans Yellow rice <u>VEGETARIAN</u> Omelette Mixed beans Yellow rice Seasonal fruit | Soup or raw vegetables Poultry chipolata sausage Cauliflower gratin Sautéed potatoes <u>VEGETARIAN</u> Vegetarian sausage Cauliflower gratin Sautéed potatoes Seasonal fruit | Soup or raw vegetables MSC Hake Normandy sauce Courgette Mashed potatoes <u>VEGETARIAN</u> Vegetable curry Courgette Mashed potatoes Seasonal fruit |
| NB : menu subject to change | | | | |

 : vegetarian menu



: contains pork

Menu adapted according to the age of the children

CANTEEN MENU

January 2026

| Monday, 19 January | Tuesday, 20 January | Wednesday, 21 January | Thursday, 22 January | Friday, 23 January |
|--|---|--|--|---|
| Soup or raw vegetables Sweet and sour chicken Green peas Jasmine rice VEGETARIAN Cheesy croquette Green peas Jasmin rice Seasonal fruit | Soup or raw vegetables  Plain omelette Gnocchi Provençal-style sauce Dairy | Soup or raw vegetables Roast turkey Baby carrots Polenta VEGETARIAN Roasted celeriac Baby carrots Polenta Seasonal fruit | Soup or raw vegetables Beef burger Barbecue sauce Western-style salad Baby potatoes VEGETARIAN Roasted sweet potato Barbecue sauce Western salad Baby potatoes Seasonal fruit | Soup or raw vegetables MSC Pollock Marinara pasta Mixed cabbage trio VEGETARIAN Marinara pasta Chickpeas Mixed cabbage trio Seasonal fruit |
| Monday, 26 January | Tuesday, 27 January | Wednesday, 28 January | Thursday, 29 January | Friday, 30 January |
| Soup or raw vegetables Turkey kebab Garlic sauce Raw vegetable salad Bread VEGETARIAN Vegan gyros Garlic sauce Mixed raw vegetable salad Bread Seasonal fruit | Cypriot salad with halloumi  Makaronia Tou fournou (pork and veal) VEGETARIAN Pasta gratin with vegetables and fiber Caramel rice pudding | Soup or raw vegetables Chicken drumstick Thyme-seasoned courgettes Organic bulgur VEGETARIAN Zucchini stuffed with thyme Organic bulgur Seasonal fruit | Soup or raw vegetables  Vegetable and egg Nasi goreng (Indonesian-style fried rice) Dairy | Soup or raw vegetables MSC Salmon Choron sauce Grilled vegetables Baby potatoes VEGETARIAN Cauliflower and cheese patty Choron sauce Grilled vegetables Baby potatoes Seasonal fruit |

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