

CANTEEN SNACKS

NOVEMBER 2025

Monday, 03 November	Tuesday, 04 November	Wednesday, 05 November	Thursday, 06 November	Friday, 07 November
Cornflakes Semi-skimmed milk Fruit / water	Wholemeal bread Brie Sugar-free fruit compote Water	White piccolo Pitted green olives or tomato / cucumber (in season) Olive oil Plain yogurt Fruit / water	Wholemeal bread Chocolate spread Milk / fruit / water	Baguette Chicken fillet Milk / fruit / water
Monday, 10 November	Tuesday, 11 November	Wednesday, 12 November	Thursday, 13 November	Friday, 14 November
Bagnat bread Plain kiri cheese Fruit / water	Soft sandwich Jam Milk / fruit / water	Wholemeal bread Butter Processed cheese Fruit / water	Ciabatta Olive oil Milk / fruit / water	Fruit muesli Milk / fruit / water
Monday, 17 November	Tuesday, 18 November	Wednesday, 19 November	Thursday, 20 November	Friday, 21 November
Italian round bread Plain chicken fillet Milk / fruit / water	Baguette Honey Milk / fruit / water	Wholemeal bread Philadelphia (cream cheese) Fruit / water	Chocolate puffed rice Plain yogurt Fruit / water	Bagnat Cheddar Fruit / water
Monday, 24 November	Tuesday, 25 November	Wednesday, 26 November	Thursday, 27 November	Friday, 28 November
White bread Jam Milk / fruit / water	Pretzel Vegetable tapenade Yogurt Fruit / water	Brown baguette Apple and pear jam Fromage blanc (fresh cheese) Fruit / water	Ciabatta Mozzarella / tomato Fruit / water	Soft sandwich Butter Banana milkshake Fruit / water

Dairy: yogurt or whole fromage blanc

Milk: semi-skimmed milk

Bread: Tartine, pistolet, sandwich bread, brioche, cramique fresh from our baker. Baguette, emperor bread, mini ciabatta, and piccolo are par-baked products finished in our kitchen.