

MENU



MARCH

| Monday, 03 March | Tuesday, 04 March | Wednesday, 05 March | Thursday, 06 March | Friday, 07 March |
|--|---|--|--|---|
| Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables |
| Elicoidal Carbonara (turkey) | Wheat and pea tender Homemade ketchup Raw vegetable salad Grilled panini | Lamb cubes Green lentils Organic bulgur | Poultry cordon bleu Peas and carrots Sautéed potatoes | Pollack MSC Normandy sauce Broccoli Rice |
| Tomato rigatoni Pea protein and coco beans | | Quorn navarin Green lentils Organic bulgur | Vegetable cordon bleu Peas and carrots Sautées potatoes | Stuffed zucchini Tomato sauce Broccoli Rice |
| Seasonal fruit | Dairy | Seasonal fruit | Seasonal fruit | Seasonal fruit |
| Monday, 10 March | Tuesday, 11 March | Wednesday, 12 March | Thursday, 13 March | Friday, 14 March |
| Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Canja de galinha | Soup or raw vegetables |
| Chickhen nuts Indian sauce Duo of zucchini Basmati rice | Stewed veal Vegetable trio Gnocchetti sardi Pesto | Broccoli nuggets Caesar salad Orzo | FOCUS MENU <i>Portuguese pork</i> <i>Feijão salad</i> <i>Garlic and paprika grenailles</i> | Cod fishstick Tartare Tomato / cucumber / corn Mashed potatoes |
| Vegetable and chickpea curry Duo of zucchini Jasmine rice | Dahl of lentils Vegetable trio Gnocchetti sardi pesto | | <i>Omelette</i> <i>Feijão salad</i> <i>Garlic and paprika grenailles</i> | Falafel Tartare Tomato / cucumber / corn Purée |
| Seasonal fruit | Seasonal fruit | Dairy | Pastei de nata | Seasonal fruit |
| Monday, 17 March | Tuesday, 18 March | Wednesday, 19 March | Thursday, 20 March | Friday, 21 March |
| Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Caprese salad |
| Pork and veal bitoque Apple compote Dûchesses | Turkey gyros (peppers / onions) Rice | Colin MSC Macedoine of vegetables Steamed potatoes | Chicken with olives and chickpeas Semolina | Spring lasagna |
| Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit | Yogurt ice cream / red fruit |

| Monday, 24 March | Tuesday, 25 March | Wednesday, 26 March | Thursday, 27 March | Friday, 28 March |
|------------------------------------|---|------------------------|--|--|
| Soup or raw vegetables | Soup or raw vegetables | Soup or raw vegetables | Minestrone | Soup or raw vegetables |
| Pizza Margherita Seasonal salad | Chicken drumsticks Raw vegetables salad Fries | Cypriot Pasticcio | Salmon fillet Béarnaise Pan-fried vegetables Steamed potatoes | Turkey cubes Cauliflower Wheat heart |
| Dairy | Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit |

NB : menu subject to change

Menu adapted according to the age of the children



: vegetarian menu



: contains pork