

COMITTE CANTINE DE L'ECOLE EUROPEENINE DE BRUXELLES III - IXELLES





Monday, 30 September	Tuesday, 01 October	Wednesday, 02 October	Thursday, 03 October	Friday, 04 October
Corn flakes Half skimmed milk	Grey bread Gouda Sugar-free fruit compote	White piccolos Pitted green olives or tomato / cucumber (in season) Olive oil	Multigrain bread Chocolate spread	Fitness baguette Brie farmer
Fruit / water	Water	Plain yogurt / fruit / water	Fruit / water	Fruit / water
Monday, 07 October	Tuesday, o8 October	Wednesday, 09 October	Thursday, 10 October	Friday, 11 October
Bagnat bread Kiri nature	Soft sandwich Jam	Multigrain bread Butter Emmenthal	Ciabatta Olive oil	Fruit muesli Milk
Fruit / water	Milk / fruit / water	Fruit / water	Milk / fruit / water	Fruit / water
Monday, 14 October	Tuesday, 15 October	Wednesday, 16 October	Thursday, 17 October	Friday, 18 October
Pistolet Chicken fillet	Baguette Honey	Fitness bread Philadelphia	Puffed rice Plain yogurt	Bagnat Cheddar
Milk / fruit / water	Milk / fruit / water	Fruit / water	Fruit / water	Fruit / water
Monday, 21 October	Tuesday, 22 October	Wednesday, 23 October	Thursday, 24 October	Friday, 25 October
White bread Jam	Grissini Vegetable tapenade Strawberry yogurt drink	Grey baguette Peanut butter White cheese	Ciabatta Mozzarella / tomato	Soft sandwich Butter Banana milkshake
Milk / fruit / water	Fruit / water	Fruit / water	Fruit / water	Fruit / water

Dairy: Yogurt or whole cream cheese

Milk: Half-skimmed milk

Bread: Tartine, pistolet, sandwich, brioche, fresh cramique from our baker, baguette, emperor bread, mini ciabatta, piccolo are products that are pre-cooked and finished in the kitchen