



**COMITE CANTINE
DE L'ECOLE EUROPEENNE
DE BRUXELLES III - IXELLES**



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	March 2 White bread, ham Butter Fruit, water	March 3 Sandwich (less sugar) Vache qui rit Fruit, water	March 4 Granola 1/2 skim milk Fruit, water	March 5 Lemon cake Homemade Fruit, water	March 6 Mini ciabatta Tomatoes/mozzarella Fruit, water
Snack	March 9 Pistolet Turkey fillet Fruit, water	March 10 Handmade Brioche (less sugar) Dairy Fruit, wataer	March 11 Gray bread Salami Fruit, water	March 12 Multigrain baguette Fresh cheese Raw vegetables Fruit, water	March 13 Piccolo Dried fruits & honey Yogurt Fruit, water
Snack	March 16 Whole wheat bread Jam 20 gr Fruit, water	March 17 Baguette Chicken fillet Fruit, water	March 18 Sandwich less sugar Kiri Fruit, water	March 19 Granola 1/2 skim milk Fruit, water	March 20 Bread empereur Cantadou Fruit, water
Snack	March 23 White bread Chicken roulade with fines herbes Fruit, water	March 24 Pistolet Gouda cheese Fruit, water	March 25 Cramique, butter 1/2 skim milk Fruit, water	March 26 Piccolo Chanteneige Fruit, water	March 27 Mini ciabatta Sausage Fruit, water
Snack	March 30 Fruit, water	March 31 Fruit, water			

NB : *Whole milk with cereals

1/2 skimmed milk on the table

*Bread : Toast bread, pistolet, sandwich, brioche, cramique are fresh from our baker

Baguette, pain empereur, mini ciabatta, piccolo are precooked and finished in the kitchen